

## Thursday, November 2nd, 6:45 A Thanksgiving Centerpiece



### Editor's Notes

The days of falling leaves are once again upon us. As summer wanes and each of us puts our gardens "to bed", a reminder to dig or add a marker to the plants you'll be contributing to our annual plant sale in the Spring.

### Contact Me

Many thanks to this month's storyteller (see Page 4) for sharing her inspiration with us. **Will your story be in the next issue?** See me, email me, or call...and thanks for sharing.

Have suggestions/input for the newsletter? Share them with me anytime—in person or in writing at a meeting, by phone at 508-361-1442, or via email at: [vahallman@comcast.net](mailto:vahallman@comcast.net).

I look forward to hearing from you!

NOTE: Photos are taken by Virginia Hallman or are designated "free-to-use" per Google unless otherwise noted.

PHOTO this page: Google free-to-use image

Join members Margo Pullman, Helena Dion, Lisa Colstad and Lori Boudrow as they make two demonstration arrangements, then assist us in making a "mini" floral arrangement for our holiday centerpieces. NOTE: There is **no fee** for this workshop. However, **you do need to sign up in advance** of the workshop. The demonstration arrangements will be raffled off during this fun evening.

**Bring the following** to the workshop:

- Floral snips or scissors
- Small container with a 3" to 4" opening
- Seasonal nature items (seed pods, acorns/nuts, rose hips, bittersweet, leaves and dried flowers)

## October Board Meeting Highlights

Anne Jarzowski and Sandi Preble made recommendations for improvements at Ferry Lane Park, which prompted discussion about other town sites, and opportunities for collaboration with the Town and the 2019 Bicentennial Committee. Also discussed were the Cushing House, MFA's Art in the Garden, the Holiday Party, West Newbury's new ordinance re: signs on public property, and the possible club purchase of our own laptop projector for speakers.

**November Meeting  
Hospitality Members**

**Chair** Donna Greene

Dot Cavanaugh  
Peg Duchemin  
Dianne Falkner  
Gloria Kuran  
Nancy Pau

**Updates for Your YearBook**

Rebecca French:

---

Barbara Haack:

---

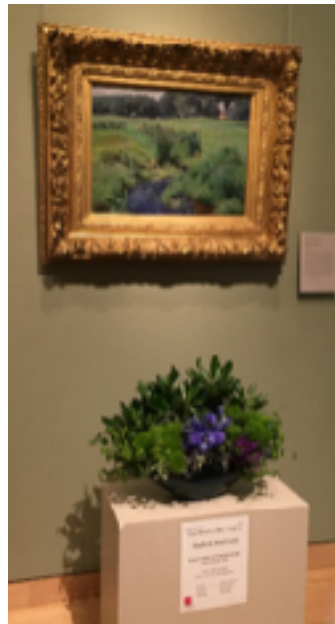
Courtney Spurr

---



PHOTOS this page:  
- Above: Maudsley State Park in the Fall  
- Opposite: Taken by Joanne Megna-Wallace

**Call for Floral Designers—Art in Bloom**



WNGC has once again been invited to participate in the 42<sup>nd</sup> celebration of *Art in Bloom* at the Museum of Fine Arts in Boston, scheduled for April 27<sup>th</sup> through April 30<sup>th</sup>, 2018. Garden clubs and professional designers from across New England create floral arrangements inspired by the MFA's works of art.

Last year, WNGC members Lori Boudrow and Elisha Colstad represented our club with distinction by creating a floral interpretation of *The Pool, Medfield* by artist Dennis Miller Bunker.

We are asked to select one (1) arranger and one (1) assistant to help the arranger in creation and daily maintenance of the Club's arrangement. Arranger Orientation Day will be held on Monday February 26<sup>th</sup> (rain date - March 5<sup>th</sup>).

We need to respond as quickly as possible "as available spots are filled in the order they are received". If you are interested in entering on behalf of the Club, contact [Kathy Mandeville](#)

**Gardening Events & Resources**

*Maudsley: Stone House Fundraiser and Silent Auction*

Proceeds will help restore the Stone House at Maudsley State Park.

WHEN: Saturday, November 11<sup>th</sup>, 6-9PM

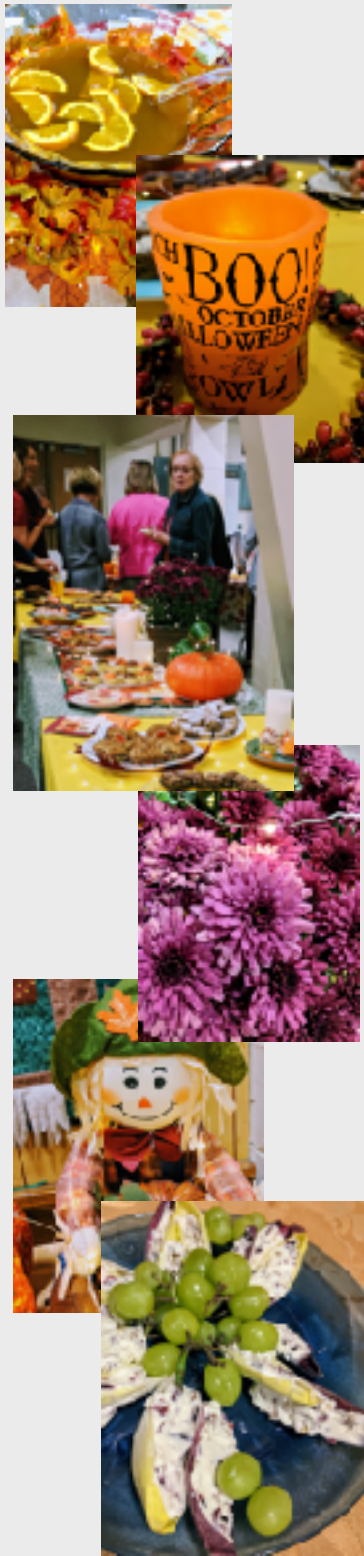
WHERE: Custom House Maritime Museum, 25 Water St., Newburyport

WHAT: Bid on an incredible range of 50 auction items donated by local artists and businesses while enjoying wine, hors d'oeuvres, and local craft beers.

TICKETS can be purchased at <http://maudslayassociation.org/> via PayPal or at The Book Rack in Newburyport (\$40 in advance) or at the event (\$50).

*continued*

### October Meeting Pics



## Gardening Events and Resources *continued*

*Nunan’s Florist and Greenhouses—November Classes*  
269 Central Street, Georgetown

Thursday, 11/16, 6-8 PM: Holiday Ladies Night

Be Inspired. Nunan’s will showcase holiday decor, decorated Christmas trees, and will demonstrate decorating ideas. Wine and hors d’oeuvres served.

Saturday, 11/18, 1 PM: Create a Thanksgiving Centerpiece

Cost is \$30; reservations required: call 978-352-8172.

Sunday, 11/26, 1-2 PM: Bow Making

Cost is \$10. Learn to make a spectacular bow!

## October Meeting’s Highlights



WNGC had a very full house of members and invited non-members for its *Visit with Isabella Stewart Gardner* evening, presented “in character” by the very accomplished historical researcher, teacher at Harvard and enactor, Jessa Piaia. Ms. Piaia’s demeanor and knowledge of the historical Mrs. Gardner enthralled her audience. Her costuming and manner of speaking matched the historical period in which she and the audience “lived” for a time. Listeners learned details of her family life, how she was regarded by society and why, as well as detail about her collections



and the museum in Boston which houses them still today. Perhaps most impressive was the ability of Ms. Piaia to entertain and answer, still in character, a host of questions from the audience with the same detail and precision as her prepared remarks. Bravo!

West Newbury Garden Club  
P.O. Box 11  
West Newbury, MA 01985



Visit our Website:

[www.wngc.org](http://www.wngc.org)

Visit Us On Facebook:

[www.facebook.com/westnewburygardenclub](http://www.facebook.com/westnewburygardenclub)

*Inspirations...a space for members to share gardening experiences, successes, lessons learned, memories, favorite plants, field trips and more...*



**Photo and Story Contributed by Jane Jeffers**

As many of you know, Jane and her husband traveled to China this summer. When I asked Jane about her memories of their trip, among them she mentioned the large urban parks and photos they took of people dancing in them. The internet confirms that indeed, it is a Chinese norm to participate healthful, daily, communal exercise as a way of life. In cities, such practice is supported by the spacious parks as well as by open air gyms with exercise equipment located in city squares or beside other types of pavement. The most popular times for exercising are morning and evening.

Forms of daily exercise vary from very active to non-aerobic—Tai Chi and Qi-gong, also popular for morning exercise, are centuries old. Primary and secondary schoolchildren practice morning exercises in a group at school, thus encouraging the establishment of a lifelong habit.

Some of us may already benefit from an established daily exercise routine, especially as we grow older and continue to garden. A group setting can be helpful for those of us in need of extra motivation.